

Safe INTERNET SURFING

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Internet Safety Lesson Plans

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Materials

- Brochure
- Lesson Plans
- Written Agreement

Quizzes

- Parents Quiz
- Kids Quiz

Safety Tips

- Tips for Parents
- Tips for Kids

Internet Slang

- Internet Acronyms
- Emoticons
- How to Interpret
- Numbers & Symbols

Dangers

- The Unknowable
- Online Predators
- Phones
- Porn Warning Signs
- Flaming & Bullies

Protection

- Safe Portals
- Protective Software
- Approved Sites
- Evaluating Browser Security
- Reporting Illegal Activity
- More Resources
- Amber Alert
- International

Internet Safety - Grade Level 3 - 5

Grade Level: 3-5

Based on ISTE – NET – Performance Indicators for Technology – Literate Students

<http://cnets.iste.org>

Duration: One 45 minute session

Description: This program is designed to help students who are using the Internet to identify and avoid situations that could threaten their safety.

Goals:

- To increase student knowledge of Internet safety
- To aid the student in identifying dangers on the Internet
- To build critical-thinking and decision-making skills relating to computer usage
- To help students protect themselves from inappropriate behavior online

Handouts

- Handouts with relevant web sites and links
- Parent or guardian/child agreement

Objectives: By the end of this training, students will be able to

1. Identify five types of personal information
2. Identify types of online "Stranger Danger"
3. Identify appropriate people for communication
4. Identify how to protect themselves from inappropriate Internet behavior

Content Outline

A. "Stranger Danger"

- On the street
- Rules: Say 'No'
- Get away
- Tell someone

At home

- Never open your door to strangers

Same rules apply to Internet

- Tell a parent or adult if someone you don't know, a stranger,



tries to talk to you online

B. Going on the Internet is like going out on Halloween

Everyone's face is hidden

Unless you know your friend's costume (online name), you don't know if you're talking to your friend or someone you don't know. Any stranger can pretend to be a friend and you have no way of knowing who they are because they are behind the mask of the computer.

C. Appropriate Websites

Approved by parents, guardians or teachers

Feel funny or uncomfortable with what you see – tell adult

D. Appropriate Email and Messages

Do not open email from strangers

Do not open email with attachments

Do not give out email address (unless approved)

If someone uses a bad word, tell adult

E. Appropriate Information to Give Out

Do Not Give Out Personal Information

Name

Where you live – city or address

Telephone Number

Birthdate

Height

Weight

Photo

Parent's name

School

Information you can give out

Likes and dislikes

Question students about appropriate information—

Yes

*Can you tell someone you like blue? You like pizza?
Type of pets that you have? Your favorite movie?*

No

*Your favorite movie theater?
Your favorite beach?*

F. Meeting People on the Internet

Have adults approve someone before you talk with them on the Internet

If someone asks to meet you – tell adult immediately

Never arrange a face-to-face meeting with someone you met online

G. Summary – talk with adults about what you are doing on the Internet, websites that you visit and have an agreement with your parents or guardian about how you use the Internet

SUGGESTED LEARNING ACTIVITIES:

Scenarios for Discussion

Cindy has been talking online to a girl named Julie for a few days now. Julie has told Cindy where she lives, how old she is, where she goes to school, and what she looks like. Julie asks Cindy what school she goes to.

Is it okay for Cindy to tell her?

(What else shouldn't Cindy tell Julie?)

Michael is online talking to his friend from school, Chris. They are working on their homework together and studying for a test. Chris says they should meet before class to review for the test. Is this okay?
(Should Michael also ask a parent just to make sure?)

Jennifer is talking to a friend online when she gets a message saying there is trouble with her computer and she needs to type in her online password again. Should she do it?
(What should she do?)

Jake is talking to a friend online who he met on the Internet. The friend offers to help him finish his homework and asks for Jake's phone number. Is it okay for Jake to give it to him, since it has to do with homework?
(What should Jake do?)

Allison met Linda on the Internet and has been talking to Linda online for several months. Linda says she is the same age as Allison and lives nearby. Linda wants to meet Allison in the mall to go shopping. Should Allison go meet her?
(What should she do?)

Jeff got an e-mail from someone he doesn't know, with a file attached. Should he open it?
(What should he do?)

Tina gets an online message from a woman who says her name is Mrs. Anderson and tells Tina that she is a math teacher. Mrs. Anderson wants to know what school Tina goes to and what her teacher's name is. Should Tina tell her?
(What should Tina do?)

Paul is online when he gets a message saying he won a free Xbox! He just needs to send in his address and phone number so it can be mailed to him. Should he give the information?
(What should he do?)

Make Internet Safety Posters

Post them around school
Have poster contest

Quiz:

1. Which is okay to give out over the Internet?
 - a. My last name
 - b. My school name
 - c. My teacher's name
 - d. My favorite TV show
 - e. My address
2. While surfing the Internet, you see a website that makes you feel uncomfortable. What should you do?
 - a. Write down the name and don't go there again.
 - b. Tell your friends, so they can avoid it too.
 - c. Go tell a parent, guardian or teacher.
 - d. Unplug the computer.

3. If someone online tells you they are in 6th grade and their name is Katie, they are probably how old?
 - a. 12
 - b. 13
 - c. 35
 - d. There's no way to tell!

 4. If you have been talking on the Internet to a person for a long time, and they want to meet, which is okay to do?
 - a. Meet them, as long as you bring a friend.
 - b. Meet in a public place.
 - c. Tell someone where you will be before you go.
 - d. Ask your parent or guardian first and have them go with you.

 5. If someone online sends you a message that is mean or makes you feel uncomfortable, you should:
 - a. Erase them from your friends list.
 - b. Delete the message.
 - c. Insult them back
 - d. Tell a responsible adult

 6. You are talking to someone online, and they know some of the same people you know. Since they have many of the same friends as you, is it ok to give them your phone number if they ask?
 - a. Yes
 - b. No

 7. It is okay to send someone online your picture when:
 - a. They send you theirs first
 - b. You send them an old picture
 - c. As long as you don't send them your address too
 - d. Only if a parent or guardian is with you and says it is okay
1. d 2. c 3. d 4. d 5. d 6. b 7. d

Internet Safety - Grade Level 6 - 8

Grade Level: 6-8

Based on ISTE – NET – Performance Indicators for Technology – Literate Students

<http://cnets.iste.org>

Duration: One 45 minute session

Description: This program is designed to help students who are using the Internet to identify and avoid situations that could threaten their safety.

Goals:

To increase student knowledge of Internet safety
 To aid the student in identifying dangers on the Internet
 To build critical-thinking and decision-making skills relating to computer usage
 To help students protect themselves from inappropriate behavior online

Handouts

Handouts with relevant web sites and links
 Parent or guardian/child agreement

Objectives: By the end of this training, students will be able to:

Identify five types of personal information
 Identify types of online "Stranger Danger"
 Identify appropriate people for communication
 Identify how to protect themselves from inappropriate Internet behavior

Content Outline

A. "Stranger Danger"

On the street

Rules: Say 'No'
 Get away
 Tell someone

At home

Never open your door to strangers

Same rules apply to Internet

Tell a parent or adult if someone you don't know tries to talk to you online

B. Going on the Internet is like going out on Halloween

Everyone's face is hidden
 Unless you know your friend's costume (online name), you don't know if you're talking to your friend or someone you don't know
 Any stranger can pretend to be a friend and you have no way of knowing who they are because they are behind the mask of the computer

C. Appropriate Websites

Approved by parents, guardians or teachers
 Feel embarrassed or uncomfortable with what you see – tell adult

D. Appropriate Email and Messages

Do not open email from strangers
 Do not open email with attachments
 Do not give out email address (unless approved)
 If someone uses a bad word, tell adult

E. Giving Out Information

Do Not Give Out Personal Information

Name
 Where you live – city or address
 Telephone Number
 Birthdate
 Height
 Weight
 Photo
 Parent's name
 School

Information you can give out

Likes and dislikes

Be careful of online names – don't give TMI in name

Sunygr14
Sweetie15
Goldguy17
90tampa

Question students about appropriate information—

Yes

*Can you tell someone you like blue? You like pizza?
Type of pets that you have? Your favorite movie?*

No

*Your favorite movie theater?
Your favorite beach?
Teacher's names?*

Be careful in joining mailing lists, some may make your personal information public

F. Meeting People on the Internet

Have adults approve someone before you talk with them on the Internet

If someone asks to meet you – tell adult immediately

Do not go into chat rooms without your parent's knowledge

Never arrange a face-to-face meeting with someone you meet online

(You have no way of really knowing if that person is a 15 year old boy – or a 50 year old man.)

G. Passwords

Your personal password is your own special identity, so keep it secret and only share it with a parent or guardian.

H. Summary – talk with adults about what you are doing on the Internet and have an agreement with your parents or guardian

SUGGESTED LEARNING ACTIVITIES:

Scenarios for Discussion

Cindy has been talking online to a girl named Julie for a few days now. Julie has told Cindy where she lives, how old she is, where she goes to school, and what she looks like. Julie asks Cindy what school she goes to.

Is it okay for Cindy to tell her?

(What else shouldn't Cindy tell Julie?)

Michael is talking to his friend Chris from school online, studying for a test. They are working on their homework together. Chris says they should meet before class to review for the test. Is this okay?

(Should he also ask a parent just to make sure?)

Jennifer is talking to a friend online when she gets a message saying there is trouble with her computer and she needs to type in her online password again. Should she do it?

(What should she do?)

Jake is talking to a friend he met on the Internet. The friend offers to help him finish his homework, and asks for Jake's phone number. Is it okay for Jake to give it to him, since it has to do with homework?

(What should he do?)

Allison has been talking to Linda online for several months. Linda says she is the same age as Allison, and lives nearby. Linda wants to meet Allison in the mall to go shopping. Should Allison go meet her?

(What should she do?)

Jeff got an e-mail from someone he doesn't know, with a file attached. Should he open it?

(What should he do?)

Tina gets an online message from a woman who says her name is Mrs. Anderson, and that she is a math teacher. Mrs. Anderson wants to know what school Tina goes to and what her teacher's name is. Should Tina tell her?

(What should she do?)

Paul is online when he gets a message saying he won a free Xbox! He just needs to send in his address and phone number so it can be mailed to him. Should he give the information?

(What should he do?)

Make Internet Safety Posters

Post them around school

Have poster contest

Quiz

1. Which screen name is best to have??
 - a. Cheergirl9393
 - b. ChrisP1990
 - c. SandySmith999
 - d. Horseluvr01
 - e. TPHSCheergrl
2. While surfing the Internet, you get an error message from your Internet provider, and it says it will delete your account unless you type in your password again, should you send the information?
 - a. Yes.
 - b. No.
3. If someone online tells you they are a sophomore in high school, and taking driver's education classes, they are probably how old?
 - a. 15
 - b. 16
 - c. 35
 - d. There's no way to tell!
4. If you have been talking on the Internet to a person for a long time, and they want to meet, which is okay to do?
 - a. Meet them, as long as you bring a friend.
 - b. Meet in a public place.
 - c. Tell someone where you will be before you go.
 - d. Ask your parent or guardian first and have them go with you.
5. If someone online sends you a message that is insulting or obscene, you should:
 - a. Erase them from your friends list.
 - b. Delete the message.
 - c. Insult them back
 - d. Tell a responsible adult

6. You are talking to someone online, and they know some of the same people you know. Since they have many of the same friends as you, is it ok to give them your phone number if they ask?
- Yes
 - No
7. It is okay to send someone online your picture when:
- They send you theirs first
 - You send them an old picture
 - As long as you don't send them your address too
 - Only if a parent or guardian is with you and says it is okay

1. d 2. b 3. d 4. d 5. d 6. d 7. d

Internet Safety - Grade Level 9 - 12

Grade Level: 9-12

Based on ISTE – NET – Performance Indicators for Technology – Literate Students

<http://cnets.iste.org>

Duration: One 45 minute session

Description: This program is designed to help students who are using the Internet to identify and avoid situations that could threaten their safety.

Goals:

To increase student knowledge of Internet safety
 To aid the student in identifying dangers on the Internet
 To build critical-thinking and decision-making skills relating to computer usage
 To help students protect themselves from inappropriate behavior online

Handouts

Handouts with relevant web sites and links
 Parent or guardian/child agreement

Objectives: By the end of this training, students will be able to:

Identify five types of personal information
 Identify types of online threats
 Identify appropriate people for communication
 Identify how to protect themselves from inappropriate Internet behavior

Content Outline

A. Going on the Internet is like going out on Halloween

Everyone's identity is hidden
 Unless you know your friend's costume, you don't know who you're talking to
 Any stranger can pretend to be a friend and you have no way of knowing whom they are

B. Appropriate Websites

Feel embarrassed or uncomfortable with what you see – tell adult

C. Appropriate Email and Messages

Do not open email from strangers
 Do not open email with attachments
 Do not give out email address (unless approved or to a classmate)
 Do not open links or files from people you don't know.
 Never respond to e-mails with pornographic or other inappropriate material.
 Do not respond to advertisements - this confirms that you have a working e-mail account, and you will only receive more junk e-mails.

D. Giving Out Information**Do Not Give Out Personal Information**

Name
 Where you live – city or address
 Telephone Number
 Birthdate
 Height
 Weight
 Photo
 Parent's name
 School

Information you can give out

Likes and dislikes

Be careful of online names – don't give TMI in name

Sunygr14
 Sweetie15
 Goldguy17
 90tampa

Question students about appropriate information—

Yes

*Can you tell someone you like blue? You like pizza?
 Type of pets that you have? Your favorite movie?*

No

*Your favorite movie theater?
 Your favorite beach?
 Teacher's names?*

Be careful in joining mailing lists, some may make your personal information public

Newsgroups, Forums, and Bulletin Boards – remember not to slip and say anything that can reveal your identity age (little pieces of info can be put together over time)

[You give out your school colors, and two conversations ago you said you were from a town by Seattle, and in another conversation you said the school mascot was the hawk – and you've just told someone where you are]

Profiles – be sure they do not reveal your town, name, school,
 Website – if you build a website – do not put any specific information on it (even code that isn't displayed can be read by anyone) Do not register it with your name

E. Meeting People on the Internet

If someone asks to meet you – tell an adult immediately
 Chat rooms are particularly dangerous - people you meet in chat rooms can easily be adult "predators" with misleading names such as "jason15" "cutiepie08"

Never arrange a face-to-face meeting with someone you meet online

(You have no way of really knowing if that person is a 15 year old boy – or a 50 year old man.)

F. Passwords

Your personal password is your own special identity, so keep it secret and only share it with a parent or guardian. (Change it often)

G. Summary – talk with adults about what you are doing on the Internet and have an agreement with your parents or guardian

SUGGESTED LEARNING ACTIVITIES:

Scenarios for Discussion

Cindy has been talking online to a girl named Julie for a few days now. Julie has told Cindy where she lives, how old she is, where she goes to school, and what she looks like. Julie asks Cindy what school she goes to.

Is it okay for Cindy to tell her?

(What else shouldn't Cindy tell Julie?)

Michael is talking to his friend Chris from school online, studying for a test. They are working on their homework together. Chris says they should meet before class to review for the test. Is this okay?

(Should he also ask a parent just to make sure?)

Jennifer is talking to a friend online when she gets a message saying there is trouble with her computer and she needs to type in her online password again. Should she do it?

(What should she do?)

Jake is talking to a friend he met on the Internet. The friend offers to help him finish his homework, and asks for Jake's phone number. Is it okay for Jake to give it to him, since it has to do with homework?

(What should he do?)

Allison has been talking to Linda online for several months. Linda says she is the same age as Allison, and lives nearby. Linda wants to meet Allison in the mall to go shopping. Should Allison go meet her?

(What should she do?)

Jeff got an e-mail from someone he doesn't know, with a file attached. Should he open it?

(What should he do?)

Tina gets an online message from a woman who says her name is Mrs. Anderson, and that she is a math teacher. Mrs. Anderson wants to know what school Tina goes to and what her teacher's name is. Should Tina tell her?

(What should she do?)

Paul is online when he gets a message saying he won a free Xbox! He just needs to send in his address and phone number so it can be mailed to him. Should he give the information?

(What should he do?)

Make Internet Safety Posters

Mentor Younger Children

Quiz

1. Which screen name is best to have??
 - a. Cheergirl9393
 - b. ChrisP1990
 - c. SandySmith999
 - d. Horseluvr01
 - e. TPHSCheergirl

3. While surfing the Internet, you get an error message from your Internet provider, and it says it will delete your account unless you type in your password again, should you send the information?
 - a. Yes.
 - b. No.

4. If someone online tells you they are a sophomore in high school, and taking driver's education classes, they are probably how old?
 - a. 15
 - b. 16
 - c. 35
 - d. There's no way to tell!

5. If you have been talking on the Internet to a person for a long time, and they want to meet, which is okay to do?
 - a. Meet them, as long as you bring a friend.
 - b. Meet in a public place.
 - c. Tell someone where you will be before you go.
 - d. Ask your parent or guardian first and have them go with you.

6. If someone online sends you a message that is insulting or obscene, you should:
 - a. Erase them from your friends list.
 - b. Delete the message.
 - c. Insult them back
 - d. Tell a responsible adult

7. You are talking to someone online, and they know some of the same people you know. Since they have many of the same friends as you, is it ok to give them your phone number if they ask?
 - a. Yes
 - b. No

8. It is okay to send someone online your picture when:
 - a. They send you theirs first
 - b. You send them an old picture
 - c. As long as you don't send them your address too
 - d. Only if a parent or guardian is with you and says it is okay

9. You can tell someone a little bit of information about yourself such as
 - a. Favorite Rock group
 - b. Year of graduation
 - c. Favorite beach
 - d. Teacher's name

e. School mascot

1. d 2. b 3. d 4. d 5. d 6. d 7. d 8. a

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